

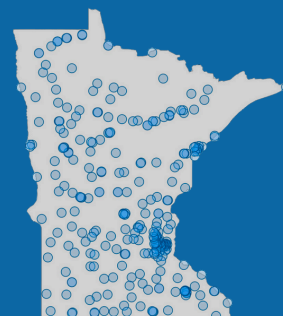
# Minnesota Head Start Association

Empowering Children and Families, Building Future Leaders and Strong Communities



## WHAT IS HEAD START?

Head Start is built on a model unlike any other, supporting locally designed programs in communities of all sizes that blend education, healthcare and additional services for children and their families — **a comprehensive approach that empowers children inside and outside the classroom** and provides parents opportunities to focus on their education, job training and careers. Head Start programs help children and families build the foundational skills needed for lifelong learning, self-reliance and economic stability, **making Head Start a catalyst for growth in rural, urban and suburban communities throughout the U.S.**



**33** Head Start organizations operate **350** sites across Minnesota that collectively employ over **3,900** staff.

## DID YOU KNOW?

Every dollar invested in Head Start delivers a **13% return on investment** for Minnesotans each year through the long-term educational, health, economic and social impacts in local communities.

## LIFELONG IMPACTS



**Economic stability.** Kids in Head Start are more likely to go on to graduate high school, attend college and secure steady employment throughout their lives.



**Improving health outcomes.** Kids in Head Start have more access to healthcare and nutritious meals, improving physical health throughout their lifetimes.



**Advancing parents.** Head Start parents are more likely to continue their education or workforce training, maintain employment, and earn more over their lifetimes.



**Self-reliant families.** Families with access to Head Start for childcare, healthcare and school readiness are less reliant on other government programs.

# HEAD START IS A LIFELINE FOR MINNESOTA'S CHILDREN AND FAMILIES

2024 BY THE NUMBERS



## CHILDREN

**1,386**

Children received care for a chronic health condition

**10,956**

Children received preventative dental care

**89,528**

Home visits conducted

**2,135**

Children received special education services



**4,700**

Children were transported in Head Start buses every day



## FAMILIES

**1,121**

Homeless families served

**166**

Active duty or military veterans

**47%**

Of families received preventative medical and dental care education

**9,246**

Parents relied on Head Start to stay in school, work or job training



## COMMUNITY

**50%+**

Of kids served by Head Start live in Greater Minnesota

**500,000+**

Minnesota children have participated in Head Start since 1985

**155**

Tribal communities served across the country

**87**

Of Minnesota's counties have kids that directly benefit from Head Start

Head Start builds stronger futures for Minnesota's children, families and communities.  
Visit [mnheadstart.org](https://mnheadstart.org) to learn more.